

Activities Brochure

Welcome to North High School Activities. Students are encouraged to participate in one of the many activity programs during their four years at North.

At North High School we strive to foster a culture of excellence and prepare our students to succeed in the 21st Century as learners and citizens. We provide activities and athletics for our students because we know that students who are involved have a significantly higher rate of success in school.

We believe that students across the nation are very much the same, but that the levels of expectations that are bestowed upon them vary greatly. At North, we set the bar high and expect and support our students in reaching those high expectations.

Please do not hesitate to contact us with any questions.

Thanks,

Chad Ryan– Activities Director

chad.ryan@dmschools.org 242-7269

Terri Buban– Activities Assistant

teressa.buban@dmschools.org– 242-7204

# Fall Sports:

Football: Eric Addy – 515-991-9019

Volleyball: Sabrina Douglass - 515-422-0806

G-Swimming: Scott Weinheimer– 515-321-9816

Boys Golf: Jon Augspurger - 515-707-6989

Girls XC: Charlene Beattie– 515-242-7204

Boys XC: Cory Berkenes – 319-290-5596

# Winter Sports:

B-Basketball: Julian Seay – 319-290-5596

G-Basketball: Haywood Boston – 515-447-6558

Wrestling: John Bingham – 515-291-4779

G- Bowling: Alex Bormann - 515-210-3559

B- Bowling: Mike Lucht – 515-205-4849

B- Swimming: Scott Torres - 515-242-7311

# Spring Sports:

Girls Track:

Boys Track: Greg Holland– 515-771-3436

Boys Soccer:

Girls Soccer: Lisa Grefe– 515-321-6048

Girls Tennis: Jane Bowen—515-943-7726

Boys Tennis: Gabriel Arroyo – 515-822-9141

# Summer Sports:

Baseball: Brandon Weisert - 319-415-9441

Softball: Dominic Ellis - 515-554-7377

# Activities:

Band: Bobby Starace

Orchestra: Marisa Maniglia

Drama: Amy Rost

Debate: Jocelynn Klos

Academic Decathlon: Josh Brown

Vocal Music: Vanessa Brady

Polar Bear Senate: Amy Rost

Dance: Abigail Larsen

Cheerleading: Julia Casas

Pep Club: Amy Rost

GSA: Jennifer Dryden

JROTC: 1st Sergent Shaun Leek

Rifle Team: Michael Gettler

Journalism: Jennifer Dryden

Movement 515– Kahara Hunafa

Robotics– Bryan Butcher

Speech– Amy Rost

Sister for Success – Tenelle Thomas

Brother to Brother—Tim Johnson

# Important Info:

Website: north.dmschools.org

Phone: 515-242-7204

Twitter: @nhspolarbears

Schedules: cimlcentral.org